

How to recognize & treat

EAR INFECTIONS



SYMPTOMS

Watch for symptoms during and after a child has a cold or the flu.

- Ear pain
- Pulling on ears
- Irritability
- Fussiness
- Fever
- Decreased appetite
- Problems or pain swallowing
- Decreased activity/energy
- Vomiting and diarrhea (in infants)



WHAT TO DO

See a doctor if:

- Child is 24 months or younger
OR SHOWS ANY of these symptoms:
- Fever above 100.4° F
- A lot of pain
- Complaining of pain in both ears

Don't need to see a doctor if:

- Child is older than 24 months
AND MEETS ALL of these criteria:
- Not a lot of pain
- Temperature below 100.4° F
- Otherwise healthy



PAIN RELIEF

Treat pain and fever with:

- Ibuprofen
- Acetaminophen

Watch for:

- Signs of more pain
- Ear infection spreading to other ear
- Higher fever

Never hesitate to call your child's health care provider if you are uncertain or if symptoms persist.



Marshfield Clinic

Don't just live. Shine.