

Understanding ADHD in children

Type of ADHD

Symptoms

Inattentive

- Doesn't pay attention to details
- Makes careless mistakes
- Difficulty paying attention
- Does not appear to listen
- Struggles to follow instructions
- Struggles with organization
- Avoids or dislikes tasks that require long amounts of focus
- Loses things
- Easily distracted
- Forgetful in daily tasks

Hyperactive/ impulsive

- Fidgets with hands or feet
- Squirms in chair
- Difficulty remaining seated
- Runs around or climbs excessively
- Difficulty engaging in activities quietly
- Acts as if driven by a motor
- Talks excessively
- Blurts out answers before questions have been completed
- Difficulty waiting or taking turns
- Interrupts or intrudes upon others

Combined *(most common)*

- Shows symptoms of inattentive ADHD and symptoms of hyperactive/impulsive ADHD

