



Herb Watermelon Feta Salad

Shine 365
Marshfield Clinic

PREP TIME: 20 minutes • **SERVINGS:** 12

INGREDIENTS

- ½ large chilled seedless watermelon, cut into 1-inch cubes
- 1 small red onion, sliced
- 1 cup thinly sliced fresh basil leaves
- 1 cup chopped fresh cilantro
- ½ cup minced fresh mint leaves
- 2 limes, juiced
- 1 (4-ounce) package crumbled feta cheese
- 3 tablespoons olive oil
- 2 tablespoons balsamic vinegar, or more to taste
- Salt and ground black pepper to taste

INSTRUCTIONS

Gently toss watermelon, onion, basil, cilantro, mint, lime juice, feta cheese, olive oil, balsamic vinegar, salt and black pepper together in a large bowl.

NUTRITION INFORMATION

Each serving contains about 177 calories; 31.1 g carbs; 6 g fat; 1.9 g saturated fat; 4 g protein; 2.1 g dietary fiber; 112 mg sodium; 24.5 g sugar.