



Marshfield Clinic

Risk of choking increases as children begin to crawl and explore their surrounding world. Use this guide to help prevent your toddlers or babies from choking.

# FOOD



## **PEANUT BUTTER**

Spread thinly.



### LUNCHMEAT

Cut into pea-sized pieces.



#### BONES

Inspect all fish and other meat for hidden bones.



### **HOT DOGS**

Slice hotdogs into noodle-like strips.



#### **CARROTS**

Chop and cook for babies. Cut and slice into strips for toddlers.



#### **GRAPES**

Cut into quarters. (Applies to most fruits).



### **MARSHMALLOWS**

Wait until school age.



### POPCORN, PEANUTS & NUTS

Wait until school age.



### HARD CANDY

Wait until school age. Teach older children not to share hard candy.





## **PET FOOD**

Monitor your pets as they eat and move the dishes out of reach when pets aren't eating.



### **MAGNET**

Put out-of-reach. Double check magnets are properly put together and pieces aren't missing.



#### **BATTERIES**

Keep batteries and items they belong to out-of-reach.



### LAUNDRY PODS

Keep out-of-reach.



### WATER BOTTLE CAPS

Not a playful noisemaker! Keep away.



## **DOORSTOP TOPPERS**

Take off doorstop toppers or secure with superglue.



## COINS

Make a family coin jar for on top of the fridge.



### **BEANBAG CHAIRS**

Put beanbag chairs in storage until baby is older, or get rid of these chairs entirely.



### LATEX BALLOONS

Wait until school age.