

SICK CHILD SYMPTOMS

When to call the doctor



UNDER 2 MONTHS

FEVER

Rectal temperature
> 100.4° F

COUGH/COLD SYMPTOMS

Within 48 hours of
symptom onset

OR

Child has trouble
breathing or feeding

VOMITING/DIARRHEA

Immediately

RASH

Child has fever with rash



2 MONTHS—1 YEAR

FEVER

Rectal temperature
> 101° F

COUGH/COLD SYMPTOMS

Symptoms last > 3 days

OR

Child has trouble
breathing or feeding

OR

Within 48 hours
if child has fever or
flu-like symptoms

VOMITING/DIARRHEA

Symptoms last > 2 days

OR

Child can't hold fluid and
has few wet diapers

RASH

Child has fever with rash



1—2 YEARS

FEVER

Rectal temperature
> 101° F
for > 3 days

OR

Rectal temperature
> 101° F and child
is lethargic

COUGH/COLD SYMPTOMS

Symptoms last > 7-10 days

OR

Child has
trouble breathing

OR

Within 48 hours if child
has fever or
flu-like symptoms

VOMITING/DIARRHEA

Symptoms last > 5 days

OR

Child can't hold fluid and
isn't urinating

RASH

Child has fever with rash



OVER 2 YEARS

FEVER

Temperature > 102° F

OR

Temperature > 101° F
and child is lethargic

COUGH/COLD SYMPTOMS

Symptoms last > 7-10 days

OR

Child has
trouble breathing

OR

Within 48 hours if child
has fever or
flu-like symptoms

VOMITING/DIARRHEA

Symptoms last > 5 days

OR

Child can't hold fluid and
isn't urinating

RASH

Child has fever with rash

Urgent Care phone # _____

Pediatrician phone # _____

Contact Care My Way® for convenient and quick care for common health conditions. Call 844-CAREWAY (877-227-3929) 7 a.m. to 9 p.m.

Call your pediatrician when symptoms appear if your child is not up to date on vaccinations. Unvaccinated children may need to be seen sooner.

Print the checklist and keep it on the inside of a medicine cabinet or on the refrigerator.