Childhood Development

Important milestones for infants to five years.



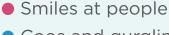
If your child is not meeting their developmental milestones, it can be a signal that something is wrong. Providers use developmental milestones to find problems early, which can lead to better outcomes.

Here are common milestones your child should hit for every age.

Types of milestones

- Social & Emotional
- Language & Communication
- Problem-solving
- Movement & Physical Development





- Coos and gurgling sounds
- Watches faces
- Holds head up



- Babbling starts
- Reaches for toys
- Holds head still







- Understands "no"
- Crawls



- Shows joy by making sounds
- Passes objects one hand to other
- Rolls over



- Plays peek-a-boo



- Cries when parent leaves Tries to mimic words
 - Bangs things together May begin standing alone
- 8 months







Begins to sort shapes Can kick a ball

Follows easy instructions

- Takes turns Names friends Does simple 4-piece puzzles

Runs and climbs



- Sings a song from memory

Stands on one foot



- Hops and can somersault

Act early. Talk to your child's doctor.

If you notice your child is not meeting these developmental milestones, talk to your child's doctor. To learn more about important milestones, go to www.cdc.gov/ActEarly.

