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|---|--|---|--|
|  <h2>Acetaminophen</h2> |  |   |  |
| <b>Common uses</b>  |  |   |  |
|  Headache              |  Pain relief                        |  Fever               |  Menstrual cramps |
| <b>Most popular brand names</b> <ul style="list-style-type: none"> <li>Tylenol®</li> </ul>              | <b>Max daily dosage for adults</b> <ul style="list-style-type: none"> <li>3,250 mg/day (regular strength)</li> </ul> | <b>Risks</b> <ul style="list-style-type: none"> <li>Taking too much can cause liver damage</li> </ul> |  |

|   |  |   |  |
|---|--|---|--|
|  <h2>Ibuprofen</h2>      |  |   |  |
| <b>Common uses</b>  |  |   |  |
|  Pain management         |  Inflammation and swelling        |  Fever   |  Menstrual cramps |
| <b>Most popular brand names</b> <ul style="list-style-type: none"> <li>Advil®</li> <li>Motrin®</li> </ul> | <b>Max daily dosage for adults</b> <ul style="list-style-type: none"> <li>1,200 mg/day (regular strength)</li> </ul> | <b>Risks</b> <ul style="list-style-type: none"> <li>May raise risk of heart attack or stroke. May cause ulcers, bleeding or holes in stomach or intestine.</li> </ul> |  |

|  |   |   |   |
|--|---|---|---|
|  <h2>Naproxen</h2> |   |   |   |
| <b>Common uses</b>   |   |   |   |
|  Pain relief      |  Fever       |  Inflammation and swelling   |  Joint stiffness from arthritis and other conditions |
| <b>Most popular brand names</b> <ul style="list-style-type: none"> <li>Aleve®</li> </ul>             | <b>Max daily dosage for adults</b> <ul style="list-style-type: none"> <li>660 mg/day</li> </ul> | <b>Risks</b> <ul style="list-style-type: none"> <li>May raise risk of heart attack or stroke. May cause ulcers, bleeding or holes in stomach or intestine.</li> </ul> |   |

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|  <h2>Aspirin</h2> |  |  |
| <b>Common uses</b>   |  |  |
|  Pain relief      |  Fever                          |  Heart attack, stroke prevention for certain people |
| <b>Most popular brand names</b> <ul style="list-style-type: none"> <li>Bayer</li> </ul>              | <b>Max daily dosage for adults</b> <ul style="list-style-type: none"> <li>3,900 mg/day (regular strength)</li> </ul> | <b>Risks</b> <ul style="list-style-type: none"> <li>Can cause side effects like stomach pain, heart burn and vomiting.</li> </ul>        |

**Note:** Talk with your provider or pharmacist before any regular use

