

Risk of choking increases as children begin to crawl and explore their surrounding world. Use this guide to help prevent your toddlers or babies from choking.

FOOD



PEANUT BUTTER

Spread thinly.



LUNCHMEAT

Cut into pea-sized pieces.



BONES

Inspect all fish and other meat for hidden bones.



HOT DOGS

Slice hotdogs into noodle-like strips.



CARROTS

Chop and cook for babies. Cut and slice into strips for toddlers.



GRAPES

Cut into quarters. (Applies to most fruits).



MARSHMALLOWS

Wait until school age.



POPCORN, PEANUTS & NUTS

Wait until school age.



HARD CANDY

Wait until school age. Teach older children not to share hard candy.

AROUND THE HOUSE



PET FOOD

Monitor your pets as they eat and move the dishes out of reach when pets aren't eating.



MAGNET

Put out-of-reach. Double check magnets are properly put together and pieces aren't missing.



BATTERIES

Keep batteries and items they belong to out-of-reach.



LAUNDRY PODS

Keep out-of-reach.



WATER BOTTLE CAPS

Not a playful noisemaker! Keep away.



DOORSTOP TOPPERS

Take off doorstop toppers or secure with superglue.



COINS

Make a family coin jar for on top of the fridae.



BEANBAG CHAIRS

Put beanbag chairs in storage until baby is older, or get rid of these chairs entirely.





Marshfield Clinic Health System Shine 365