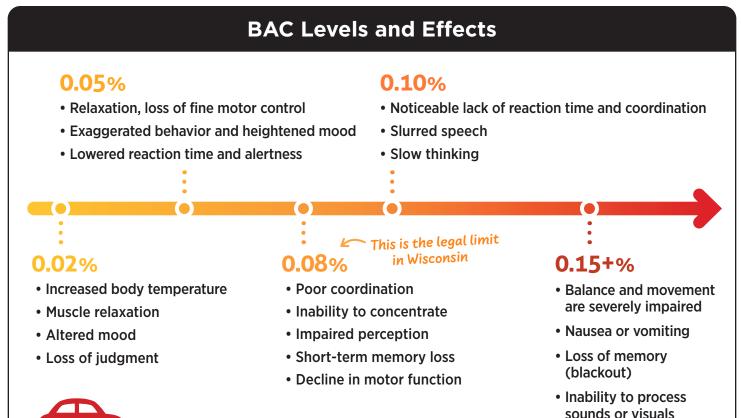
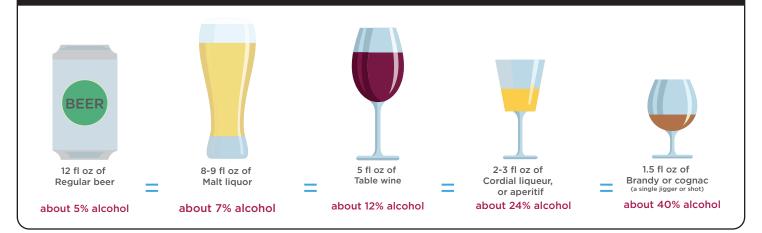
## **Blood Alcohol Content** (BAC) The point at which you reach 0.08% BAC dependent

The point at which you reach 0.08% BAC depends on your gender, weight, how much you drink — and how quickly. Gillette, 2023



## Know your limit, before you get in it.

## Even though they come in different sizes, the drinks below are examples of one standard drink.



Marshfield Clinic Health System

## Sources: Gillette, H. • Healthline • Wisconsin DOT

Thank you to Center for Community Health Advancement and Substance Abuse and Mental Health Services Administration for their support in creating this handout.