

# How to make kid friendly playdough

For one playdough ball, mix:

- 8 tbsp plain flour
- 60ml warm water
- 2 tbsp table salt
- 1 tbsp vegetable oil

Optional: food coloring! You can always make natural food coloring using beets to make red, carrots to make orange, turmeric to make yellow, spinach to make green and red cabbage with baking soda to make blue.



*Source: BBC Tiny Happy People*